



**Meridian Anti-Drug Coalition General Meeting Minutes
Meridian Police Department
June 21, 2018**

Attendees (21): Crystal Ikebe, Jason Zelus, Ternel Martinez, Terry Austin, Jim Meldrum, Howard Davis, Earl Scharff, Nichole Herold, Dan Arnold, Mike Kislia, Stephany Galbreaith, Brandon Frasier, Monte Stiles, Kendall Nagy, Scott Colaianni, Kristi Lampe, Bethany Gadzinski, Catie Wiseman, Mary Liz Jones, Mary Kemp, Cheryl Mulvihill

TIME	SPEAKER & AGENDA ITEMS	-NOTES-
4:00	Cheryl Mulvihill, Anti-Drug Coordinator <ul style="list-style-type: none"> Welcome & Introductions 	<ul style="list-style-type: none"> sign-in sheet signed by all attendees
4:05	Guest Speaker: Jason Zelus, Zelus Recovery	<p>Looking at our updated strategic plan, MADC has an interest in building a Youth Treatment Scholarship Program. Our guest speakers will discuss their treatment facilities and insights on scholarship ideas. Youth/adolescence outpatient treatment program info:</p> <ul style="list-style-type: none"> Multi-systemic family program: heavy parent involvement program for treatment. We take adolescence 13-17 and young adults 18-25 range. We have intensive outpatient, drug testing, med management, and counseling and identify resources for those in their treatment program. Private entity, so they can provide a sliding scale on the scholarship side. From Jason’s perspective there is a gap in treatment for students; it takes a lot of offenses and time before a student would be referred to treatment. If someone is interested in treatment, they go through a 25 minute phone screening. Once that process is completed they are brought in for assessment and to plan their strategy in treatment. All the groups are facilitated by clinically licensed providers. <p>Open Discussion: Ternel: How long does this treatment take, and what are specific drugs that you are seeing as an issue? Also what are the main rolls / expectations of the parent? Jason: Self-paced, however we conduct weekly evaluations, traditionally a 12-16 week program. Usually by the time parents fit in an enabling or persecuting roll has been established. The goal is to help them setup boundaries and structure for youth. Instead of it being a parent doing something to the youth, it’s a group effort. Also top drugs are marijuana use, dabs, wax, Xanax bars and benzodiazepines. Stephany: Cost for this treatment option? Jason: Estimate for the most intense treatment program, 9 months is \$12,000. Nicole: Evidence based program? Jason: empirically evidence based: Multi-systemic programs. It’s not a Best Practice Model through SAMSHA.</p>

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		<p>The program is very directive. Littleton program. Ternel: Success rate? Jason: Overall this program is a success. Comparing pre and post surveys on mental health and relapse, there is significant improvement. By the time adults complete the program their expectations are they are actively involved so the success rate is high. Ternel: When working with the adults for treatment, who comes as a support instead of parents? Jason: traditionally it's spouses. Bethany: Why have you selected not to accept state funding and Medicaid? Jason: It's not something they have interest in doing as it requires other systems and paperwork. However they do accept private funding. Jim: Where is the gap for treatment for juveniles? Kendall: Once youth have been cited with West Ada School District they are required to go to a drug prevention class, and they must have a parent with them; three nights two hours each. West Ada does a great job tracking that and withholds graduation if they don't complete the program. After assessment and evaluations, if a student has been identified as a ready candidate for treatment, sometimes they are unable to go due to limited funding. We can put insurance information within the policy / packet for the treatment scholarship.</p>
4:17	<p>Guest Speaker: Crystal Ikebe, Intermountain Hospital</p> <ul style="list-style-type: none"> Journeys Adolescent Treatment, Clean & Sober Teens (CAST) 	<p>Information relating to Intermountain inpatient youth treatment program:</p> <ul style="list-style-type: none"> For adolescence we only do in-patient, not out-patient. Once they are in-patient they can go through a CAST track (3 weeks long). This is a three week substance abuse treatment that includes therapy, psychiatrist. Medicaid doesn't accept any substance abuse treatment. While they are with Intermountain they can get some treatment in but not specifically substance abuse. Cost is approximately \$725 per day, not including physicians' appointments and psychiatrist. 24 hour nursing, group sessions, family therapy, education/ independent studies. Top drugs seen is 1)Alcohol and marijuana, 2) opiates, 3) Rx If someone wants to be admitted but we are concerned about them medically due to over dose, they would be sent to ER and cleared prior to admission.
4:30	<p>Staff & Member Volunteers</p> <ul style="list-style-type: none"> Event Updates: Meridian Speedway June 8th 4-10pm 	<ul style="list-style-type: none"> Ternel's experience at Meridian Speedway: Cheryl, a couple of youth volunteers, manned the booth, located at the entrance of the speedway. There was quite a bit of interest in the booth once the speedway was full. There were 2,991 attendees and 144 conversations had about drug prevention. Many enjoyed the Natural High booth.

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	<ul style="list-style-type: none"> Kids in Motion June 18th 12-4pm Association of Idaho Cities (AIC) Conference June 20-21 	<ul style="list-style-type: none"> Cheryl: Kids in Motion invited MADC to attend their event with a booth to educate youth on drug prevention. They had 78 attendees. Kendall: Worked with the AIC Drug Task Force Committee to secure speakers for the Association of Idaho Cities Conference. Yesterday Chief Bones BPD, Nicole Fitzgerald ODP and Kendall Nagy MADC presented on <i>Idaho's Response to the Opioid Epidemic and What You Can Do in Your Community</i>. Today Todd Gorman Director of Rocky Mountain HIDTA presented on Marijuana Legalization: Impacts to Cities as the lunch keynote. Then Sgt. Frasier MPD, Dotty Owens Ada County Coroner and Kelly Curtis St. Luke's spoke in a session titled Drugs 101. A big thank you to all those who shared important information at the conference.
4:35	Stephany Galbreath, MADC Secretary <ul style="list-style-type: none"> Approval of May Meeting Minutes (sent out via email) 	<ul style="list-style-type: none"> Motion by Ternel, second by Bethany, All votes to approve meeting minutes.
4:37	Member Updates <ul style="list-style-type: none"> Ternel Martinez- Treasure Valley Opioid Summit Participation Bethany Gadzinski- Youth Treatment Centers/Cost Updates Kendall Nagy Hailey Arnold - Youth Recruitment 	<ul style="list-style-type: none"> Ternel on the Treasure Valley Opioid Summit: There were many different key leaders that attended with the goal to build a Mission Statement, Goals, and strategic plan. The entire time was getting everyone on the same page of where the Treasure Valley needed to focus efforts in lowering opioid use. It covered everything from the court system, law enforcement, treatment, medical facilities, stigma and culture. Overall we made a good start to tackling the problem all on the same page. Bethany: There are a number of treatment facilities throughout the valley, but it really does come down to payment. The private insurances vary on coverage for treatment. It's a large commitment by the parent and youth. Kendall: Side note, we have a new display case in the lobby above the RX take back boxes. It has the history of the coalition and awards, please take a look at that. We also have a smaller cabinet now up in the Public Meeting Room where we hold our meetings. This holds the meeting minutes. Kendall: Working with Hailey Arnold our Youth Sector Rep, we will be building an MADC Youth Liaison Info Packet for 2018/19 School Year: This will be given to staff that can be given to youth. Lot of clubs require community service, this would be an option for them. What will be in the packet: update calendar (Cheryl), welcome letter (Hailey), update MADC YL Spreadsheet (Hailey)
4:50	Cheryl Mulvihill, Anti-Drug Coordinator <ul style="list-style-type: none"> Upcoming Events: Northwest Alcohol Conference July (W-F) 18-20 Meridian Speedway 	<p>Upcoming Events:</p> <ul style="list-style-type: none"> Northwest Alcohol Conference at Riverside in Boise: Germain Galloway is putting on that presentation. <p>Secure volunteers:</p> <ul style="list-style-type: none"> We have another Meridian Speedway event coming up if you have an interest in participating.

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	Breathalyzer Event Sat. Aug. 4 th PM National Night Out Tues. Aug. 7 th PM CableONE Movie Night Fri. Aug. 24 th PM	<ul style="list-style-type: none"> • National Night Out: Tuesday, August 7th. Some communities are asking for drug prevention information and presentations. If you have interest in representing MADC let Cheryl know. • CableONE Movie Night: Friday August 24th at Settlers Park. We will have a couple different booths and would like additional volunteers.
4:55	Open Discussion: additional updates, feedback, ideas, questions, etc.	<ul style="list-style-type: none"> • Catie: Drug Free Idaho has a documentary; it's free at the Egyptian on July 18th. This is a private screening so they can see reaction before it goes to the public. See attached flyer. • Monte: Been working on a Natural High video that contains drone footage and video of kids during natural high activities. He will be sending it out to people as an example of something that can be done without using professional marketing people. A lot can be done with using footage from your own footage.
5:00pm Meeting Adjourned		*Next Meeting: July 19th 4pm at Meridian Police Department

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