



**Meridian Anti-Drug Coalition General Meeting Minutes  
Meridian Police Department  
April 17, 2018**

**Attendees (14):** Earl Scharff, Cheryl Mulvihill, Kendall Nagy, Stephany Galbreath, Bethany Gadzinski, Howard Davis, Esmeralda Herrera, Dawn Tolan, Ternel Martinez, Eric Moody, Kristi Lampe, Monte Stiles, Mark & Linda Joseph

TIME	AGENDA ITEMS & SPEAKER	NOTES
4:00	Cheryl Mulvihill, Anti-Drug Coordinator <ul style="list-style-type: none"> <li>• Welcome &amp; Introductions</li> </ul>	<ul style="list-style-type: none"> <li>• sign-in sheet signed by all attendees</li> </ul>
4:02	Staff & Member Volunteers <ul style="list-style-type: none"> <li>• Event Updates: Private Group Presentation   Walmart Wellness Day</li> <li>• Rx Take-Back</li> <li>• City 101</li> <li>• Public Safety Academy</li> <li>• Unplug &amp; Be Outside Kickoff &amp; Photography Lesson</li> <li>• MMS Neighborhood Night Out</li> <li>• Spring Safety Flings</li> </ul>	<ul style="list-style-type: none"> <li>• Private Group Presentation: 20 community members to discuss the work of MADC.</li> <li>• Walmart Wellness Day went well. Cheryl had a booth and interacted with customers, discussing drug prevention.</li> <li>• RX Take-Back: MADC took in almost 200lbs of expired and unused prescriptions.</li> <li>• City 101: New this year. 15 attendees that are active in the community and wanted to learn more.</li> <li>• Public Safety Academy: 30 people learned about work the coalition does, opportunities to volunteer, resources.</li> <li>• Unplug &amp; Be Outside: Ternel really enjoyed participating at this event. As part of the Natural High campaign we had the youth write what makes them feel good on a white board, examples: reading or hiking. Then Ternel would take pictures of the youth with a Polaroid and discuss drug prevention with the parents there. We had over 262 prevention conversations at this booth event.</li> <li>• Monte participated in a photography session at the Unplug &amp; Be Outside event: There were roughly 20 attendees for an hour. It was an opportunity to appreciate nature and a reminder of positive outlets (Natural Highs).</li> <li>• Meridian Middle School Neighborhood Night: Rescheduled due to weather (October), however Kendall had over 98 conversations and gave out parent prevention packets with free drug tests.</li> <li>• Spring Safety Flings: During National Prevention Week, we visited all 5 Meridian middle schools during their lunch hours, to discuss the Natural High campaign. An estimated 2,706 students received MADC's prevention information.</li> </ul>
4:10	Stephany Galbreath, MADC Secretary <ul style="list-style-type: none"> <li>• Approval of April Meeting Minutes (sent</li> </ul>	<ul style="list-style-type: none"> <li>• Motion by Earl, second Ternel, all votes to approve.</li> </ul>

Our mission is to strengthen our community through substance abuse prevention.  
Our vision is to build Meridian into a drug free community where people can safely live, work and raise a family.



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	out via email)	
4:12	<p>Kendall Nagy, MADC Director Updates:</p> <ul style="list-style-type: none"> <li>• Hailey Arnold’s Youth Sector Rep. Update</li> <li>• Action Plan</li> </ul>	<ul style="list-style-type: none"> <li>• SRO Update: <a href="#">“Triple C”</a> cold medication (Dextromethorphan) was distributed by a student who admitted stealing it from a store. Two students consumed 6 to7 pills and had to be taken to the ER. Four other students also consumed the pills who were given to them by a different student. At another school a student consumed 7 <a href="#">Daytrana</a> patches within 2 hrs. and had to be taken to the hospital. This is a schedule II prescribed patch that is a stimulant for ADHD. The third example of youth medicine abuse in the schools this week was the trading of <a href="#">Quetiapine</a> for a pack of cigarettes. The student who consumed the 400mg antipsychotic medication was taken to the hospital for showing signs of extreme drowsiness.</li> <li>• Monte: On jury duty with Meridian Elementary School teacher. The teacher shared with Monte that kids are sharing their ADD medicine. 30% of students are on these medications, when roughly only 10% need it.</li> <li>• Kriste- There are non-stimulant medications to treat ADD/ADHD.</li> <li>• Bethany: We have seen several patients come in with marijuana laced with LSD. It is with adults but it could trickle down to youth.</li> <li>• Youth recruitment for 2018/19 update from Hailey: There are a couple youth liaisons (YL) so far. The goal is to have at least one at each high school, to provide feedback on MADC’s efforts along with providing information to the schools. Hailey has reached out to a youth that attended the Unplug and Be Outside event. The two other targeted schools are Meridian High School and Renaissance.</li> <li>• Earl has offered to look into YL representative from Renaissance.</li> <li>• Kendall will also reach out to the Meridian High School Student Council.</li> <li>• Hailey’s goal is to build packets of information geared towards youth. This packet would also have information about volunteer hours.</li> </ul> <p>New MADC Strategies: Action Plan Development. The CEC is going through these five strategies in depth. To update you here is a little review:</p> <ol style="list-style-type: none"> <li>1) Provide annual training for West Ada admin and teachers prior to school year beginning</li> <li>2) Train MADC member to present middle school drug prevention presentations- will need full school year commitment.</li> <li>3) Youth Treatment Scholarship Program: Dawn will send an email to the drug prevention</li> </ol>

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	<ul style="list-style-type: none"> <li>AIC Conference</li> </ul>	<p>councilors and see if she can get a number of youth that have been referred to treatment, and unable to go to treatment due to cost.</p> <ol style="list-style-type: none"> <li>Additional K9 in schools</li> <li>Protect Meridian from marijuana legalization, preemptive city ordinance</li> </ol> <p><a href="#">Association of Idaho Cities (AIC) Conference</a>: will be held at the end of June. Kendall is working with the drug task force to develop two breakout sessions for this conference, educating our city leaders and legislators. 1) Opioid epidemic: Three focuses during this breakout will be state policy, strategy moving forward, and implementation. 2) Drug 101: focusing on marijuana. The Keynote will be Tom Gorman with Rocky Mountain High Intensity Drug Task Force, discussing the impact marijuana legalization has had on Colorado.</p>
4:40	<p>Cheryl Mulvihill, Anti-Drug Coordinator</p> <ul style="list-style-type: none"> <li>Upcoming Events: Meridian Speedway June 8<sup>th</sup> 4-10pm   Kids in Motion June 18<sup>th</sup> 12-4pm   Meridian Speedway Breathalyzer Event August 4<sup>th</sup></li> </ul>	<p>If you have interest in volunteering at any MADC’s upcoming events, please contact Cheryl:</p> <ul style="list-style-type: none"> <li>Meridian Speedway June 8<sup>th</sup> 4-10pm: looking for youth involvement.</li> <li>Kids in Motion June 18<sup>th</sup> 12-4pm: MADC will have a booth setup for the Boys and Girls Club to visit; kids will rotate to each booth every ten minutes.</li> <li>Meridian Speedway Breathalyzer Event August 4<sup>th</sup>: We prefer adults volunteering for this event.</li> </ul>
4:45	<p>Open Discussion: additional updates, feedback, ideas, questions, etc.</p>	<ul style="list-style-type: none"> <li>Ternel will follow up with Representative Christy Perry a second time, inviting her to speak at an upcoming MADC meeting.</li> <li>Mark suggested having BSU athletes talk to youth in drug classes. He also wanted to pass along the article, <a href="#">Pot goes to school: With marijuana legal in Colorado, student encounters are rising</a> that he thought had some good information.</li> </ul>
<p><b>5:00pm Meeting Adjourned</b></p> <p style="text-align: center;"><b>*Next Meeting: June 21<sup>st</sup> 4pm at Meridian Police Department</b></p>		

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